

**ASILIA**  
healthcare  
Creating a healthy workplace



[www.asiliahealthcare.com](http://www.asiliahealthcare.com)





**"Safety is not  
expensive, it is  
priceless."**





**A  
healthcare  
company  
with a  
patient-  
centered  
focus”**

**A healthy work force makes for a happy company.** The world's most desirable organisations promote proactive wellness campaigns to effectively increase productivity, reduce absenteeism and attract high quality people. It is imperative for most companies, irrespective of their size to ensure employee health and wellbeing.

**Asilia Healthcare** offers a wide range of customized services and a complete occupational healthcare solution capable of catering to the needs of small, medium or large organizations in accordance with statutory and other requirements.



We introduce ourselves as **Asilia Healthcare**, a company entirely focused on helping businesses keep their workplace safe and healthy. Our Occupational health program is designed to protect employees from potential risks and hazards on the job, assisting with everything from injury prevention to injury care.

**At Asilia**, our aim is to create a healthy workplace through a threefold commitment to provide “**Better Quality, Competitive cost and Higher Access.**” To put it simply, we shall make every effort to deliver quality healthcare ‘**Available, Accessible and Affordable**’ each and every day to your employees.



**Keeping  
your  
workforce  
safe and  
healthy on  
the job.**





Asilia Healthcare's parent company, **Advino Healthcare**, is **Gujarat's largest home healthcare service provider** for the past six years. We partner with renowned hospitals, high-tech diagnostic centers and allied services in multiple cities to ensure health and well-being of the employees.

We are one of the most trusted and **leading chain of healthcare provider** in state of Gujarat with presence in all major cities like Ahmedabad, Surat, Rajkot, Gandhinagar, Vadodara, Anand and Nadiad.



# Our Occupational Health Services

- Occupational Health Centre
- Medical Personnel Manning
- Fully Equipped Mobile Medical Unit
- Customized Health Check-ups
- Diagnostic Services
- Medicine and Drugs
- Medical Equipments
- Ambulance & Emergency Services
- Home Healthcare
- Tele-consultation
- Vaccination Programme
- Covid-19 Care
- Safety training & Certifications
- Ergonomic Assessment & Training
- Health-talks and Seminars
- Corporate Wellness Program





## Why Chose Asilia Healthcare?

# One-stop care for all your workforce health needs.

- 1 Leading Healthcare Provider
- 2 Years of experience & expertise
- 3 Complete solution for employee health
- 4 Commitment to Quality Healthcare
- 5 A qualified team of Doctors and Paramedics
- 6 A large network of hospitals and diagnostic centers
- 7 DISH approved training providers
- 8 ISO 9001:2015 Certified Company
- 9 Highly satisfied & reputed client base







## Why Employee Wellness at Work?

No one should be injured or made ill through their work.

- 1 Lower Healthcare Costs
- 2 Increase in Productivity
- 3 Decrease Absenteeism
- 4 Attracting & retaining employees
- 5 Reduction in Work-related Injuries
- 6 Detect and Prevent illnesses  
Statutory Compliance
- 7 Ensures a Healthy Work-life Balance
- 8 Reduce Elevated Health Risks
- 9 Improve Employee Health Behaviors





## **Occupational Health Centres (OHC)**

Organisations worldwide are opting to have access to the services of healthcare companies right on their campuses, making it easy for employees to consult, get diagnosed and even avail treatment. By encouraging their employees to seek primary or preventive care services they are able to achieve substantial savings in hospitalisation costs.

Asilia offer dedicated onsite Occupational Health Centre services with highly qualified Health Professionals across various industries. These OHCs help employees to access quality medical care and wellness while at work. We can assist you in managing manpower, day to day operations and all industrial health related compliances from time to time.





## An Expert Medical Team

- Medical doctor with or without industrial certifications & experiences
- Qualified nurses with GNM/B.Sc./ANM certification
- Compounder cum ward boy
- Laboratory technicians
- Pharmacist

## A Strong Backend Team

- Admin support staff
- HR Staff
- Factories & Labor Act compliance officer
- Operations and Logistics Personnel to ensure seamless medical services







## Employee Engagement

- Health-Talks
- Health Awareness seminars or lectures
- First Aid Training
- Government accredited BLS-ACLS certification courses

## Health Check-ups

- According to Factory's Act and filling up of Form No. 32 & Form No. 33 (checkup by qualified Doctors)
- Pre-employment checkup at your doorstep.







## A wide range of services

- Home Healthcare
- Diagnostic Services
- Ambulance services round the clock with Basic Life Support & Advanced life Support equipments.
- Vaccinations
- Onsite Pharmacy
- Ergonomic Advice
- 24x7 emergency services

## Preventive measures

- Identifying Health Hazards, Rating Hazards & Identifying exposed workers
- Assessing & rating exposure levels
- Assessing the effectiveness of controls
- Analysis & Reporting





## Medical Personnel Manning

Asilia has a large team of Medical and allied healthcare Professionals with years of clinical experience and expertise in their area of work. Our Doctors spend as much time with you, as is necessary to understand all your health related problems, arrive at a proper diagnosis and recommend a line of treatment. You can ask as many questions to our Doctors and they will be happy to answer those.

We can provide access to a doctor 24x7, face-to-face and over a call, in case of a medical emergency, wherein our doctor reaches your place in the shortest time possible with an Ambulance and a fully-equipped medical emergency kit.





# We can provide the following medical staff



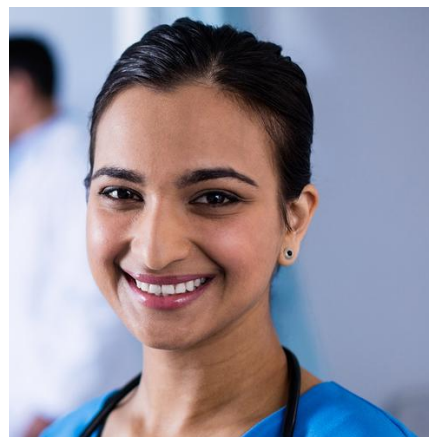
**Industrial  
Certified  
Doctors -  
MBBS +  
AFIH/CIH**



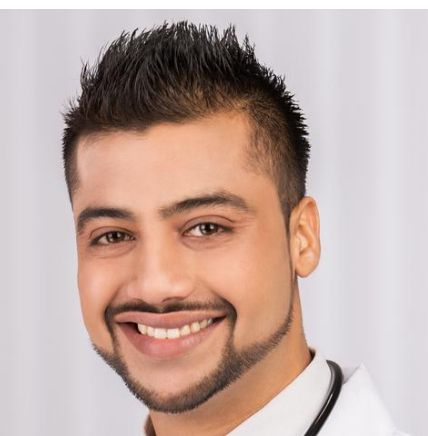
**Factory  
Medical  
Officer -  
MBBS,  
BAMS, BAHS**



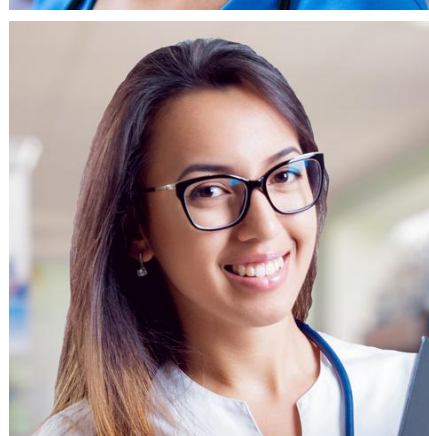
**HUET/  
BOSIET  
Certified  
Doctors**



**Medical  
Nurse -  
B.Sc,  
GNM,  
ANM, IOH**



**Pharmacist**



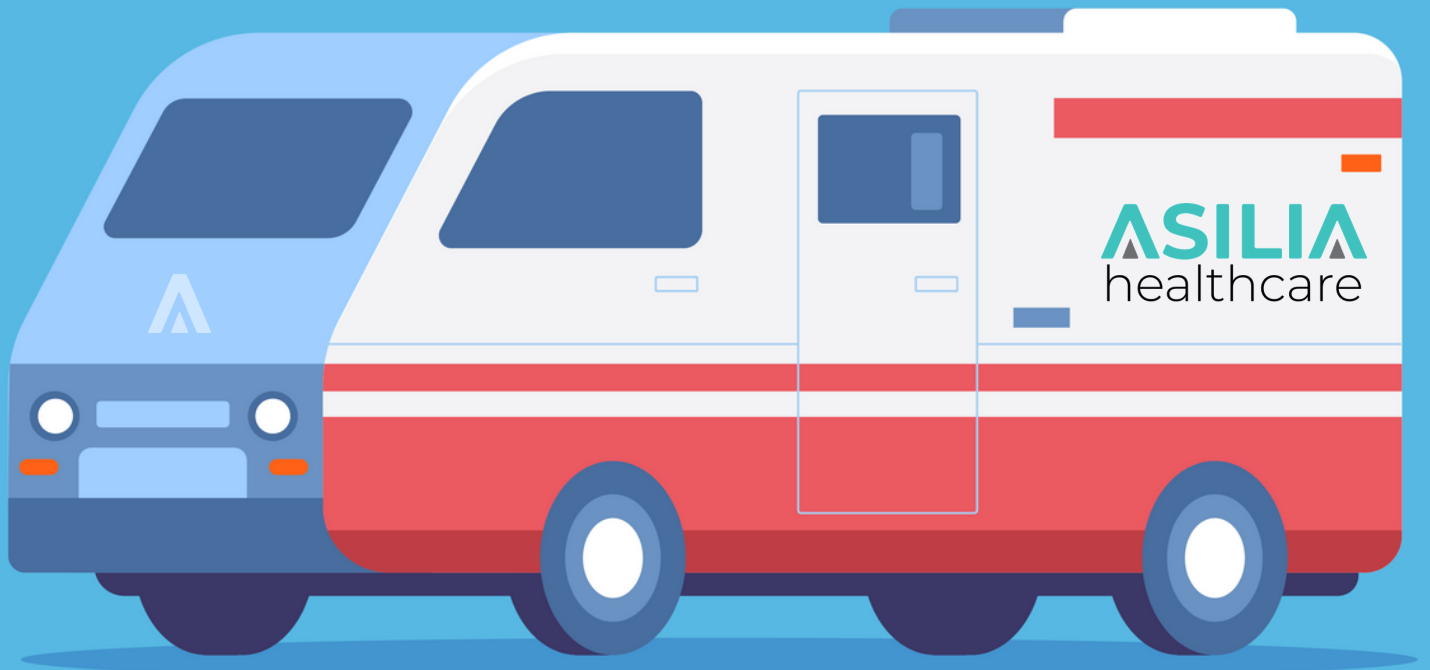
**Laboratory  
& Radiology  
Technician**



**Other  
medical  
equipment  
technicians -  
Audiometry,  
PFT, Visual  
Eye Testing**



**Ward boy  
cum  
Compounder**



## Fully Equipped Mobile Medical Unit

For those establishments, where a permanent OHC is not feasible or available, we have a mobile medical unit equipped with all the necessary medical care onsite including:

- Mobile unit with necessary medical equipments and power back up
- On site audiometry, PFT, visual eye exam, X-ray testing, blood collection, urine collection, ECG
- Physical examination

Our paramedics & drivers are trained and equipped for industrial, construction sites and remote locations. Our medics can treat injuries on time, so that lost work time is reduced.





## Customized Health Check-ups

An occupational health checkup offers several benefits to every organization. With such check-ups, it becomes possible to identify the health status of existing and new staff. In order to save the valuable time of your workforce, we have the facility of conducting health check-ups on client's premises. Asilia provides the preventive health check-up and routine health check-up onsite and offsite as per client's convenience.

- Physical Examination of employees/workers
- Pre-Employment Medical Check
- Annual and Periodic Medical Check
- Form 32 & 33 maintenance
- Fit for Duty Check



## Diagnostic Services

Correct diagnosis & timely detection are the foundation of disease management, be it acute or chronic. Lack of access to these can lead to complications. We offer specialized onsite Diagnostic services for corporates and industries which cover the entire range from preventive diagnostics with state of art diagnostic equipments. We have partnered with best of the labs to ensure that the turn-around time for reports is quick and the reports are accurate.

At Asilia, we provide a wide range of pathology services through expert team of pathology specialists and a large network of diagnostic centres to ensure accurate and timely results.





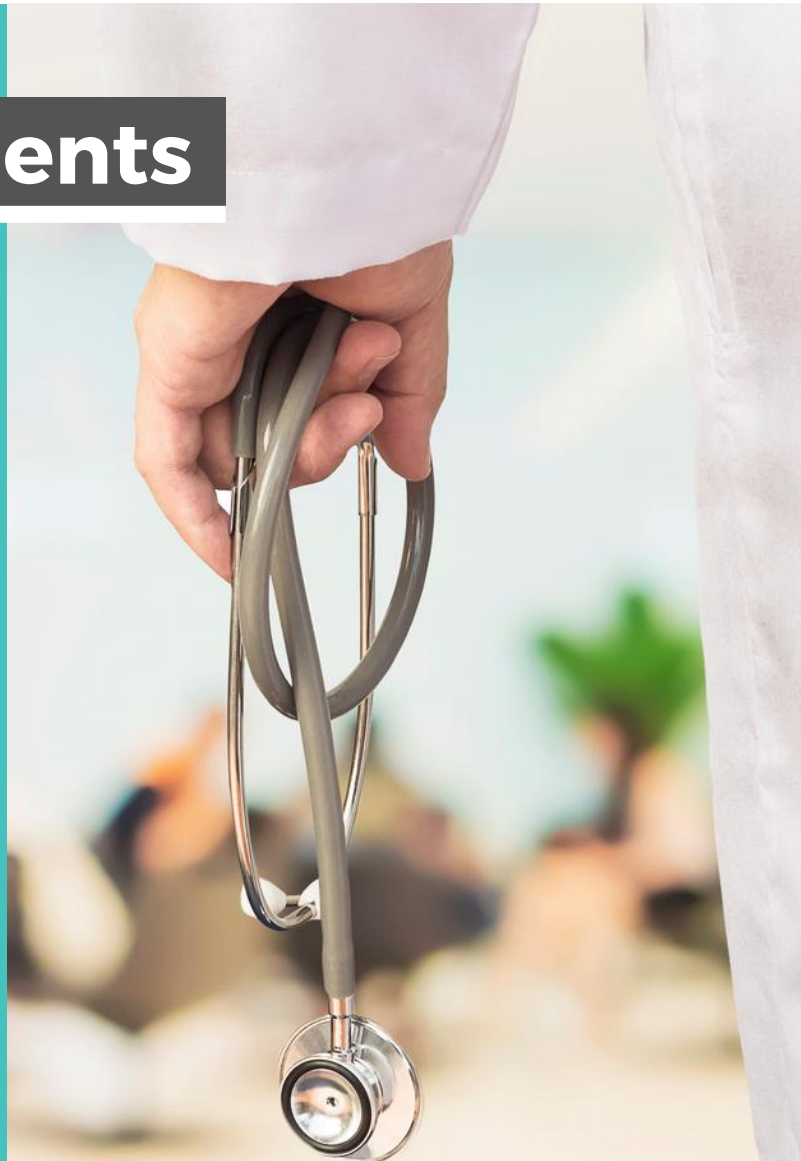
# Medicines & Drugs



- Routine medicine as per work conditions
- Advanced life saving drugs like adrenaline, atropine, sorbitrate and many more
- Injectable solutions like NS, RL, DNS

# Medical Equipments

- Routine equipments like Stethoscope, Blood Pressure measurement, Temperature etc.
- Equipments for Health Centers like Stretchers, Wheelchairs, Beds for examination, inpatient & ICU, medical equipment trolley, Oxygen Cylinder
- Advanced Medical equipments like defibrillator, AED, First aid box etc.





## Emergency Medical Services (EMS) and Ambulance

We provide, Emergency medical services (EMS), to treat illnesses and injuries that require an urgent medical response, providing out-of-hospital treatment and transport to definitive care. We offer fully-equipped ambulances staffed with trained paramedics and drivers to manage day-to-day fleet operations for Industries and corporates, so that they, in turn, can focus on their core competencies.

### We offer:

- Ambulance with Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS)
- On call and 24\*7 site placement
- Certified Drivers
- Transfer of workers to the nearest medical facility
- CSR activity





## Home Health Care

Asilia's parent company, **Advino Healthcare** is Gujarat's largest home healthcare provider having treated over 300000 patients at home and conducted more than 40000 home visits. The core objective is to provide quality care to patients in the comfort of their home.

### **Our Home Healthcare Services include:**

- Doctor Visit at home
- Nursing Care
- Medical Attendant
- Physiotherapy & Occupational Therapy
- Lab tests and health check up at home
- Medical Equipments on sale or rent
- 24X7 availability of caregivers and/or nursing support
- ICU setup at home



## Tele-consultation

We provide tele-consultation as per Telemedicine Practice Guidelines (“Telemedicine Guidelines”) published by The Indian Government on March 25, 2020. It is now perfectly legal to provide tele-consultation by registered medical practitioners (M.B.B.S and above) in line with the requirements of the Telemedicine Guidelines.

- Consultations with specialty and super-specialty doctors on site over an audio or video call.
- Various specialties include General Physician, Dermatologist, Orthopedician, ENT, Obstetrician and gynecologist, Oncologist etc.
- On site laboratory testing
- E-prescription with doctor advise shared





## Vaccination

- As per industry/ corporate requirement vaccination for employee/worker can be conducted on site.
- Medical Doctor & Nurse
- Hepatitis, Seasonal Influenza(Flu), Pneumococcal, Tetanus and more.

## Covid-19 Care

- Medical equipments like 3-Ply-N95 Mask, Vinyl-Nitrile-Latex Gloves, Face Shields, PPE, Disinfectant, Sanitizers etc.
- Covid-19 Workplace Safety Guidelines
- Covid-19 Literature





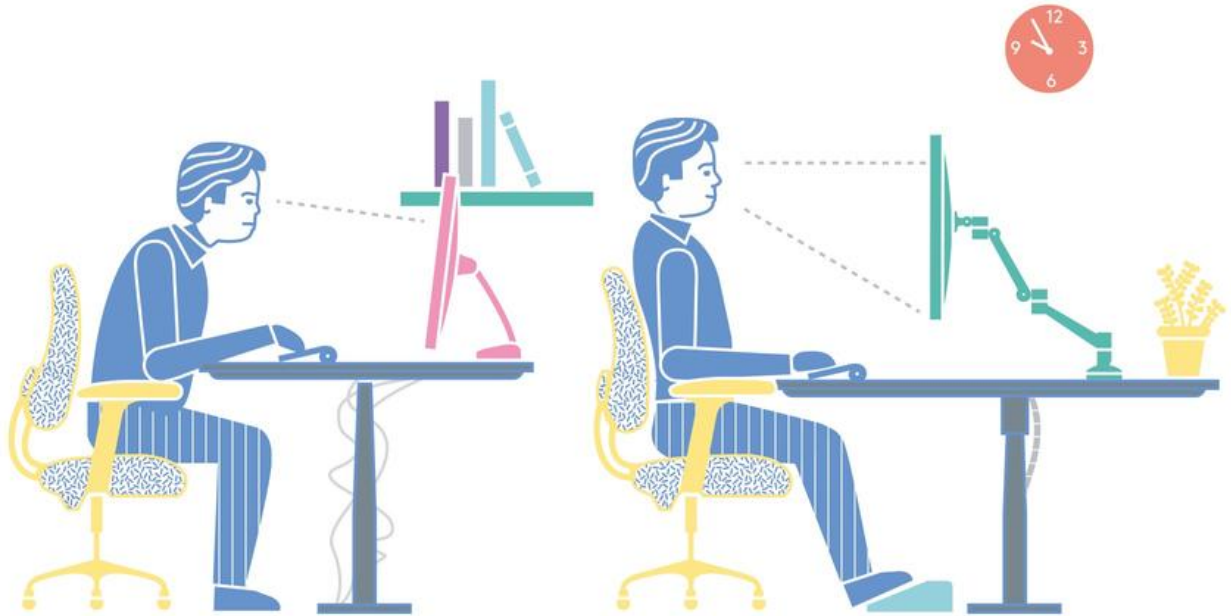
We are **DISH (Director Industrial Safety & Health, Gov. of Gujarat)** approved training providers for safety and health. Each candidate will get a DISH approved certificate valid for 02 years after successful completion of the training.

### **Our training modules contain primarily following heads:**

- Basic Safety Training for All
- Basic Life Support Training (BLS)
- Advanced Cardiac Life Support Training (ACLS)
- Basic Fire Fighting & First Aid-CPR Training
- ERT - Emergency Response Team Training
- Electrical Safety
- Material Handling Training/Loading/Unloading
- Emergency Preparedness & Disaster Management
- PPE- Personal Protective Equipments

# Safety Training





## Ergonomic Assessment and Training

Apart from direct exposure to hazards, employees are also prone to ergonomic risk factors due to their postures maintained during lifting heavy items, bending, reaching overhead, pushing and pulling heavy loads, working in awkward body postures, maintaining same body posture for long working hours and performing repetitive tasks. Poor ergonomic work practices or poorly designed workstations can lead to musculoskeletal disorders including neck and back pain, shoulder and arm pain, headaches and repetitive injury strains.

The best way to prevent poor ergonomic work practices is to provide employees with the right information to be able to identify the issues or risk factors before they cause an injury. By up skilling employees, organizations are able to actively improve their working environment and make positive changes to the company's workplace culture. **Asilia's Ergonomic assessments and ergonomic workshops are a great place to start when addressing these issues.**



# BODY MASS INDEX



## Health Talks

Towards creating a healthier society, healthier workforce by popularizing preventive measures, Asilia organizes awareness programs on various issues of health and hygiene which enable the employees to get back on the track on a healthy lifestyle. The main goal of these sessions is to educate, motivate, empower and enlighten the employees as well as the management of the companies about the health challenges they could face in their daily lives.

The Health and Wellness talks include sessions about the consciousness of the employees' overall health and physical fitness, which equates to lesser absenteeism and better productivity. It helps in reducing stress and allows the employees to become more creative with the work.





Corporate Wellness Program is a fun and exciting way to bring your employees together for their betterment and for the betterment of the organisation.

To Empower Individuals in their professional Lives, we offer services in the following areas:

- Fitness Workout sessions
- Yoga Sessions
- Stress Management Sessions
- Zumba Workout
- Diet and Nutrition Counselling
- Health & Wellness Talks
- Aerobics
- Group Fitness Regime

## Corporate Wellness Program



## Our Clients

Adani Limited  
 Airport Authority of India Limited  
 Cimpres Technologies Private Limited  
 Ford Motors  
 Gujarat Mineral Development Corporation (GMDC)  
 Gujarat Narmada Valley Fertilisers & Chemicals (GNFC)  
 Gujarat State Fertilizers and Chemicals (GSFC)  
 Gujarat Urja Vikas Nigam Limited (GUVNL)  
 Kandla Port Trust (KPT)  
 Larsen & Toubro (L&T India)  
 Meghmani Organics Limited (MOL)  
 Meghmani Finechem Limited (MFL)  
 Oil and Natural Gas Corporation (ONGC)  
 Indian Oil Corporation (IOCL)  
 Piramal Group  
 PNB, BOI, Dena Bank, Canara Bank, IDBI, ICICI, SBI  
 Rajasthan State Mines & Minerals Ltd. (RSMML)  
 Sintex Industries Limited  
 Tata Motors  
 Udaipur Chamber of Commerce (UCCI, Udaipur)  
 Unicharm India Private Limited  
 Western Railways (WR)  
 Zydus Cadila



The logo for ASILIA healthcare is centered within a white circle. The word "ASILIA" is written in a bold, teal, sans-serif font. The letter 'A' is stylized with a small teal triangle pointing upwards inside its top-left corner, and another small teal triangle pointing upwards inside its top-right corner. Below "ASILIA", the word "healthcare" is written in a smaller, black, lowercase, sans-serif font.

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healthcare

Creating a healthy workplace



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